

## What is Therapeutic Behavioral Service?

Therapeutic Behavioral Service (TBS) is an intensive, individualized, one-to-one therapeutic behavioral intervention used in addition to primary specialty mental health services. TBS is a short-term service to provide tools that reduce severe behavior problems for youth in crisis.

TBS is available for youth under 21 years who are being considered for placement in a higher level of care or who are at risk of hospitalization in an acute care psychiatric facility.

TBS is designed to help youth and their parents / caregivers manage these behaviors utilizing short-term, measurable goals, based on the needs of the child and family.



## Contacts

**Access Line**  
(888) 818-1115 (Toll Free)  
Open 24 hrs / 7 days a week

<https://www.marinhhs.org/behavioral-health-recovery-services>

DEPARTMENT OF HEALTH AND HUMAN SERVICES  
**BEHAVIORAL HEALTH AND  
RECOVERY SERVICES**  
Promoting and protecting health, well-being, self-sufficiency, and safety of all in Marin County.

Requests for accommodations may be made by calling (415) 473-2624 (Voice), CA Relay 711 or by e-mail at [ecochran@marincounty.org](mailto:ecochran@marincounty.org). Copies of documents are available in alternative formats, upon request.



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# Therapeutic Behavioral Service (TBS)



## Who is Eligible for Therapeutic Behavioral Service?

Youth are eligible for TBS if:

- They are under 21 years of age and a Medi-Cal beneficiary
- They are currently receiving mental health services.
- They have recently had, or are at risk of having, a psychiatric hospitalization
- They are experiencing behavioral problems that require a higher level of care or are experiencing behaviors that are preventing them from moving to a lower level of care.

## How does it work?

- **First, a referral is made to our local TBS provider who will meet with you to discuss your needs.**
- **If eligible, a TBS plan will identify how TBS can benefit your child/family.** A plan is developed together that establishes services and goals.
- **Team members work together.** We work together intensively over several months to help your child reach his or her goals.
- **Services are coordinated.** The TBS staff person works closely with the youth's therapist to make sure other mental health services support the youth throughout TBS and continue after TBS has ended.

## How do I get more information?

We encourage everyone to call for more information whether you are a young person seeking support, a parent or caregiver, or a healthcare provider

Contact Marin Access at 1-888-818-1115

Also check out information regarding TBS on our Marin County BHRS website <https://www.marinhhs.org/behavioral-health-recovery-services>

