What is Therapeutic Behavioral Service?

Therapeutic Behavioral Service (TBS) is an intensive, individualized, one-to-one therapeutic behavioral intervention used in addition to primary specialty mental health services. TBS is a short-term service to provide tools that reduce severe behavior problems for youth in crisis.

TBS is available for youth under 21 years who are being considered for placement in a higher level of care or who are at risk of hospitalization in an acute care psychiatric facility.

TBS is designed to help youth and their parents / caregivers manage these behaviors utilizing short-term, measurable goals, based on the needs of the child and family.

Requests for accommodations may be made by calling (415) 473-2624 (Voice), CA Relay 711 or by e-mail at ecochran@marincounty.org. Copies of documents are available in alternative formats, upon request.

Contacts

Access Line
(888) 818-1115 (Toll Free)
Open 24 hrs / 7 days a week

https://www.marinhs.org/behavioral-health-recovery-services
Who is Eligible for Therapeutic Behavioral Service?

Youth are eligible for TBS if:
- They are under 21 years of age and a Medi-Cal beneficiary
- They are currently receiving mental health services.
- They have recently had, or are at risk of having, a psychiatric hospitalization
- They are experiencing behavioral problems that require a higher level of care or are experiencing behaviors that are preventing them from moving to a lower level of care.

How does it work?

- First, a referral is made to our local TBS provider who will meet with you to discuss your needs.
- If eligible, a TBS plan will identify how TBS can benefit your child/family. A plan is developed together that establishes services and goals.
- Team members work together. We work together intensively over several months to help your child reach his or her goals.
- Services are coordinated. The TBS staff person works closely with the youth’s therapist to make sure other mental health services support the youth throughout TBS and continue after TBS has ended.

How do I get more information?

We encourage everyone to call for more information whether you are a young person seeking support, a parent or caregiver, or a healthcare provider

Contact Marin Access at 1-888-818-1115

Also check out information regarding TBS on our Marin County BHRS website https://www.marinhhs.org/behavioral-health-recovery-services