

## Frequently Asked Questions

### What Does the AOT Team Provide?

- Screening and assessment
- Outreach and engagement
- Referrals and linkage to appropriate county and community programs offering case management, psychiatric care, medication management, housing support, and recovery services.

### What if a referred individual does not meet AOT criteria?

- Individuals who do not qualify for AOT will be referred to county or community services.

### What if a referred individual does meet AOT criteria?

- Individuals who do qualify will be assigned to AOT Team for outreach and engagement. Continued refusal to engage may lead to AOT Team filing a petition with the court to recommend mandated treatment.

### Are court-ordered clients required to take medications?

- No. The court may order treatment, but cannot compel medication compliance.

## The Assisted Outpatient Treatment Team

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San Rafael, CA 94901  
Phone: (415) 473-4321  
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***NOTE:** AOT is NOT a Crisis Service. If experiencing a mental health emergency - Call 911, go to the nearest hospital, or contact the Mobile Crisis Response Team at: 415-473-6392, Monday – Saturday, 1:00 PM – 9:00 PM.*

*For non-urgent Mental Health or Substance Use Services - Contact the ACCESS LINE at: (888) 818-1115*

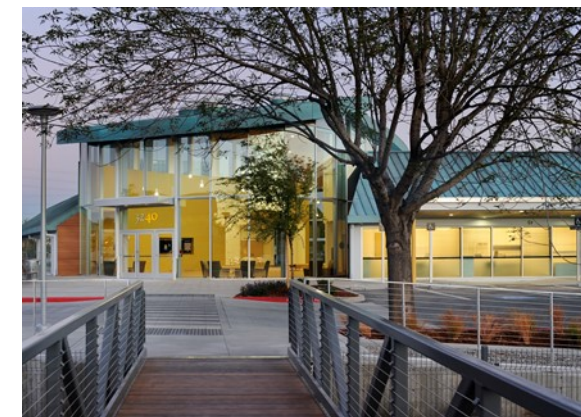


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# Assisted Outpatient Treatment

(AOT)



For more information call:  
(415) 473-4321

## Assisted Outpatient Treatment—What is AOT?

AOT, also known as AB 1421 or Laura’s Law, provides services for individuals who are experiencing a serious and persistent mental illness, who can benefit from treatment, but decline voluntary participation.

Once an individual is referred, the AOT team will attempt to engage them in services on a voluntary basis. If the individual is still declining the recommended treatment, the AOT Team may petition the court with a plan and recommendation seeking court-ordered, involuntary outpatient treatment.

Participants will be offered and linked to community-based, mental health services delivered by a highly trained, professional, multidisciplinary team. Services include: Screening, assessment and referrals, intensive case management, psychiatry, medication management, housing support and assistance in reaching recovery goals.

## Who qualifies for AOT?

A person is eligible if:

- 18 years or older
  - A resident of Marin County
  - Diagnosed with a serious mental illness that causes them to be unlikely to survive safely in the community without supervision.
  - Noncompliance with treatment for mental illness has resulted in:
    - Psychiatric hospitalization or incarceration two or more times within the past 36 months.
- OR**
- Threats or acts of serious and violent behavior towards themselves or others within the past 48 months.

Eligibility is based on criteria screening and professional clinical judgment.

## Referrals

Who can refer?

- Family members who are over 18 (parent, spouse, sibling, or child)
- An adult with whom the individual lives
- An agency that is providing mental health treatment to the individual
- Inpatient and outpatient hospitals
- A licensed mental health treatment provider
- Law enforcement agencies

## Assisted Outpatient Treatment Process

